



## EASTMAN INSTITUTE FOR MUSIC LEADERSHIP

Office of Careers and Professional Development

### CAREER CHECKLIST FOR FIRST YEARS

**Welcome to the Eastman School of Music!** As first year students, you will have a lot on your plate as you begin college. Between living in the dorms, classes, lessons, making friends, rehearsals, and fun events, you will be constantly surrounded by activity. During all of this, you are actually building your experience and knowledge that will assist you in your career! Here are some things to be aware of and steps to take while here at Eastman!

#### THINGS TO DO:

- Pace Yourself** - It will take a while for you to fully understand your schedule and know how much you can take on. Be open to new experiences, performing gigs, and opportunities, but make sure you don't overwhelm yourself. Understand your limits so you don't end up underrepresenting yourself.
- Connect with People** - The music community is pretty small and the people you are surrounded by at Eastman will constantly appear in your life! Be friendly and compatible with fellow students, teachers, and staff. This will help you build a huge network of friends (and potential employers)!
- Gain Experience** - Once you've learned how to manage your schedule, start looking for opportunities. Whether it's an on-campus job, volunteering for composer recitals, playing in the Holiday Sing, or starting a chamber ensemble, explore your options. College is all about trying new things to see what resonates with you. Also, take a look at our [Gig Service](#) - an online service where local clients can post gigs.
- Take Notes** - *This is huge.* Whenever you perform a concert, attend a masterclass, win a solo, work with a famous musician, attend a festival, etc., *write it down!* YOU are the one responsible for remembering all of your accomplishments! Time will fly by and things become a blur, so start creating a list of experiences now!
- Learn About ALP!** - The Arts Leadership Program is designed to prepare Eastman students for a rapidly changing musical culture and an increasingly competitive and diversified marketplace. The program offers courses - such as "Strategies for Audition Success," "Building a Web Presence," and "Introduction to Recording" - workshops, guest speakers, and internship opportunities. Anyone can register for these courses, but if you want to take it to the next level you can apply to the [Certificate Program](#) as a junior.
- Visit Us** - From exploring career options and goal planning to resume building and cover letter writing, we are here to help. Make an appointment on [Handshake](#) and come visit us at the IML office in the Miller Center.

Remember, no matter where you are in your career, the Office of Careers and Professional Development is available to you. We want you to succeed and enjoy your musical profession.

*Have further questions? Contact us at [careers@esm.rochester.edu](mailto:careers@esm.rochester.edu) or 585-274-1210*

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